

## Information Resources and Referrals

# Workers' Advisor or Advocate Offices Across Canada

### On this page

[Introduction](#)[Nova Scotia](#)[Alberta](#)[Ontario](#)[British Columbia](#)[Prince Edward Island](#)[Manitoba](#)[Quebec](#)[New Brunswick](#)[Saskatchewan](#)[Newfoundland and Labrador](#)[Yukon](#)[Northwest Territories and Nunavut](#)

---

## Introduction

A worker adviser or advocate office is typically an independent agency of the [department responsible for health and safety](#) or [workers' compensation](#) in your jurisdiction, but it may be appointed by a separate government department. This office generally provides free services to most injured workers and their survivors in workplace compensation or insurance matters. Eligibility for assistance does vary from region to region. Contact your local office for details.

---

## Alberta

Advisor Office for Alberta Worker's Compensation

#200, 10405 Jasper Avenue

Edmonton, AB T5J 3N4

Telephone: 1-866-427-0115

Fax: 1-780-638-2328

E-mail: [advisoroffice@gov.ab.ca](mailto:advisoroffice@gov.ab.ca)

<https://advisoroffice.alberta.ca/>

---

## British Columbia

Workers' Advisers Office  
#260A - 4600 Jacombs Road  
Richmond, BC V6V 3B1

Telephone: 1-604-335-5931 or Toll-free: 1-800-663-4261

Fax: 604-713-0311

<https://www2.gov.bc.ca/gov/content/employment-business/employment-standards-advice/personal-injury-and-workplace-safety>

Offices: <https://www2.gov.bc.ca/gov/content/employment-business/employment-standards-advice/personal-injury-and-workplace-safety/offices>

---

## Manitoba

Worker Advisor Office  
Room 606 - 401 York Avenue, Norquay Building  
Winnipeg MB R3C 0P8

Telephone: (204) 945-5787 or Toll-free: 1-800-282-8069

Email: [wao@gov.mb.ca](mailto:wao@gov.mb.ca)

<http://www.gov.mb.ca/labour/wao/index.html>

Offices: <https://www.gov.mb.ca/labour/wao/contact.html>

---

## New Brunswick

Office of Workers' Advocates  
Beaverbrook Building Room: 262 Floor: 2  
500 Beaverbrook Cou P. O. Box 6000  
Fredericton, NB E3B 5H1

Telephone: 1-506-453-3247 or Toll-Free: 1-844-530-0282

Fax: 1-506-444-4121

Email: [petl.epft@gnb.ca](mailto:petl.epft@gnb.ca)

[https://www2.gnb.ca/content/gnb/en/departments/post-secondary\\_education\\_training\\_and\\_labour/People/content/AdvocatesServices/WorkersAdvocates.html](https://www2.gnb.ca/content/gnb/en/departments/post-secondary_education_training_and_labour/People/content/AdvocatesServices/WorkersAdvocates.html)

---

## Newfoundland and Labrador

Office of the Workers' Advisor (OWA)  
Newfoundland and Labrador Federation of Labour  
330 Portugal Cove Place,  
St. John's, NL, A1A 4Y5

Telephone: 1-709-754-3927 or Toll-Free: 1-800-563-1998

Fax: (709) 754-1220

<https://workplacenl.ca/workers/worker-advisors/>

<https://nlfl.nf.ca/who-we-are/> (see list of worker advisors at the bottom of page)

---

## Northwest Territories and Nunavut

Workers' Advisors Office  
Unit 206-4817 49<sup>th</sup> Street,  
Bowling Green Building, 2<sup>nd</sup> Floor  
Yellowknife, NT X1A 3S7

Telephone: 867-920-3006 / Toll-Free: 1-866-333-9961

Fax: 1-867-669-0995

Email: [advisor@workersadvisor.ca](mailto:advisor@workersadvisor.ca)

<http://www.workersadvisor.ca/>

---

## Nova Scotia

Workers' Advisor Program  
5640 Spring Garden Road, Suite 309  
P.O. Box 1063  
Halifax NS B3J 2X1

Telephone: (Voice and TDD): 424-5050 or Toll-Free: 1-800-774-4712

Fax: (902) 424-0530

<http://novascotia.ca/lae/wap/>

---

## Ontario

Office of the Worker Advisor  
Main Office  
123 Edward Street, Suite 1300  
Toronto ON M5G 1E2

Telephone: (416) 325-8570 or Toll-free: 1-800-660-6769

Fax: (416) 325-4830

<http://www.owa.gov.on.ca>

Regional Offices: <https://www.owa.gov.on.ca/en/contact-us/offices/>

---

## Prince Edward Island

Office of the Worker Advisor

161 St. Peters Road, 2nd Floor

P.O. Box 2000

Charlottetown PE C1A 7N8

Telephone: (902) 368-6460 or Toll-free: 1-800-658-1806

Fax: (902) 368-3576

Email: [workeradvisor@gov.pe.ca](mailto:workeradvisor@gov.pe.ca)

<https://www.princeedwardisland.ca/en/information/workforce-and-advanced-learning/office-worker-advisor>

---

## Quebec

Aide Juridique Québec

Administratif (aide sociale, SAAQ, CSST)

Centre-ville

400, boul. Jean-Lesage, bur. 36, Tour Ouest

Façades de la Gare

Québec, Québec G1K 8W1

Telephone: 1-418-643-4167

Email: [bajcentreville@ccjq.qc.ca](mailto:bajcentreville@ccjq.qc.ca)

<https://aidejuridiquequebec.qc.ca/services/administratif/>

Offices: <https://aidejuridiquequebec.qc.ca/demande/trouver-un-bureau/>

Note: There is no workers' advocacy office in Quebec. The province does offer legal aid services instead.

---

## Saskatchewan

Office of the Worker's Advocate

300 1870 Albert Street

Regina, SK S4P 4W1

---

Telephone: (306) 787-2456 or Toll-free: 1-877-787-2456

Fax: (306) 787-0249

Email: [workersadvocate@gov.sk.ca](mailto:workersadvocate@gov.sk.ca)

<https://www.saskatchewan.ca/business/safety-in-the-workplace/assistance-for-wcb-claims-and-appeals>

---

## Yukon

Workers' Advocate Office

Government of Yukon

Workers' Advocate (Q-1)

Box 2703

Whitehorse, Yukon Y1A 2C6

Telephone: 1-867-667-5324 or Toll free: 1-800-661-0408, local 5324

Fax: 1-867-393-6346

Email: [workers.advocate@yukon.ca](mailto:workers.advocate@yukon.ca)

<http://www.justice.gov.yk.ca/prog/ms/wad/index.html>

---

Fact sheet last revised: 2023-11-22

## Disclaimer

Although every effort is made to ensure the accuracy, currency and completeness of the information, CCOHS does not guarantee, warrant, represent or undertake that the information provided is correct, accurate or current. CCOHS is not liable for any loss, claim, or demand arising directly or indirectly from any use or reliance upon the information.